

MI150 CONSOLE OPERATION

Button Description

Start/Stop:

This will start the treadmill and this will stop the treadmill. There will also be an emergency stop switch. (Safety Key)

Mode:

This will accept programs/level selection. And this will switch display LAP. or Pulse ondata window during exercise.

Speed ▲ :

This will select program/level in setting mode before starting.
This will increase the speed in 0.1 km/h

Speed ▼ :

This will select program/level in setting mode before starting.
This will decrease the speed in 0.1 km/h

Incline▲ :

This will select program/level in setting mode before starting.
This will increase the elevation in 1 increment.

Incline▼ :

This will select program/level in setting mode before starting.
This will decrease the elevation in 1 increment.

Display

The console is with one large LCD with 5 separate windows for data.

Data:

Time: 88:88

Distance: 88.88

Speed: 88.8

Cal./ Incline : 8888

Lap /Pulse: 888

